

# RETHINKING THE URBAN: THE 15-MINUTE CITY

## SYNOPSIS

In the pursuit of more sustainable and resilient cities, the concept of the “15-minute city” proposes an urban model aimed at reducing dependence on motorized vehicles, encouraging active mobility, and reorganizing urban spaces into proximity-based hubs that ensure equitable access to fundamental citizens' rights — such as healthcare, education, employment, leisure, and services. The analysis of methodologies and strategies makes it possible to identify, in practice, how this model can be applied to the spatial reconfiguration of our cities.

## SPEAKERS

**Gabriella Seipp,**  
Architect of the S+A Internship Program

## DETAILS

Date	30/07/25
Time	4:00 PM
Duration	60 minutes
Session/Modules	1
Place	S+A Auditorium

### WHO IS IT FOR?

S+A Collaborators.

### CONDITIONS

**1** Registration up to 72 hours before the session date, on the S+Academy page at **[www.saraivaeassociados.com/programacao](http://www.saraivaeassociados.com/programacao)**

**2** The completion of each training session is conditioned on a minimum and maximum number of inscriptions. Please wait for confirmation availability of participation.